

# Nutrition Policy

The following Web sites offer information on nutrition policy and legislation. These Web sites include those operated by the federal government, state-level organizations, and nonprofit groups that health professionals consider to be reputable organizations. *Planet Health* cannot vouch for the accuracy or completeness of the information contained on these Web sites. The listing of a Web site here does not mean that *Planet Health*, the Harvard School of Public Health, or the Harvard Prevention Research Center endorses these organizations or their positions.

## **Action for Healthy Kids**

### **What's Happening in My State?**

Action for Healthy Kids is a public-private partnership that works through schools to improve the health of overweight, undernourished, and sedentary youth. Its Web site includes a state-by-state look at its efforts to improve school nutrition through school policies, legislation, and other efforts.

[www.actionforhealthykids.org/state.php](http://www.actionforhealthykids.org/state.php)

## **Centers for Disease Control and Prevention (CDC)**

### **Nutrition and Physical Activity Legislative Database**

This Web-accessible database has information on state-level bills related to nutrition and physical activity topics. The database can be searched by state, subject, bill number, bill status, year, and topic.

<http://apps.nccd.cdc.gov/DNPALeg/>

## **Center for Science in the Public Interest (CSPI)**

### **Nutrition Policy: Because It Takes More Than Willpower**

CSPI is a consumer advocacy organization that advances health and nutrition policy issues through a variety of means. Its Web site outlines several public policy options to promote healthy eating, including nutrition labeling on restaurant menus, decreased marketing of low-nutrition foods to children, and improvements to school foods.

[www.cspinet.org/nutritionpolicy/index.html](http://www.cspinet.org/nutritionpolicy/index.html)

## **Prevention Institute**

### **Nutrition Policy Profiles**

The Prevention Institute's Web site offers profiles of nutrition policy recommendations aimed at improving health. Topics covered include competitive foods in schools, soft drink contracts in schools, television advertising to children, and worksite policies to offer nutritious foods.

[www.preventioninstitute.org/npp.html](http://www.preventioninstitute.org/npp.html)

## **Strategic Alliance for Healthy Food and Activity Environments (Strategic Alliance)**

A coalition of nutrition and physical activity advocates in California, the Strategic Alliance, promotes policy and environmental changes that support healthy eating and physical activity. Its Web site has information on promoting environmental and policy change in five sectors: children's environments, government, industry, health care, and media.

[www.eatbettermovemore.org/](http://www.eatbettermovemore.org/)