

# Toll-Free Numbers and Web Sites for Health Information

Dial 1-800 unless otherwise specified.

Organizations are in alphabetical order.

ABLEDATA, 227-0216

[www.abledata.com](http://www.abledata.com)

ACS, National Cancer Information Center, 227-2345 (voice/TDD/TT)

[www.cancer.org/docroot/ESN/content/ESN\\_3\\_1X\\_ACS\\_National\\_Cancer\\_Information\\_Center.asp](http://www.cancer.org/docroot/ESN/content/ESN_3_1X_ACS_National_Cancer_Information_Center.asp)

ADA (Americans With Disabilities Act) Technical Assistance Hotline, 466-4232 (TTY)

[www.ada.gov](http://www.ada.gov)

ADCARE Hospital Helpline, 252-6465 (24 hours)

[www.adcare.com](http://www.adcare.com)

Aerobics and Fitness Foundation of America, 968-7263 (consumers); 446-2322 (professionals)

[www.afa.com](http://www.afa.com)

Agency for Healthcare Research and Quality Clearinghouse, 358-9295

[www.ahrq.gov](http://www.ahrq.gov)

AIDS Clinical Trials Information Service, 874-2572

[www.actis.org](http://www.actis.org)

AIDS Info, 448-0440; 888-480-3739 (TTY)

[www.niaid.nih.gov/factsheets/hivinf.htm](http://www.niaid.nih.gov/factsheets/hivinf.htm)

Al-Anon Family Group Headquarters, 1-888-4AL-ANON (1-888-425-2666) or 757-563-1600

[www.al-anon.alateen.org](http://www.al-anon.alateen.org)

Alcohol and Drug Helpline, 821-4357 (24 hours)

[www.adhl.org](http://www.adhl.org)

Alzheimer's Association, 272-3900

[www.alz.org](http://www.alz.org)

Alzheimer's Disease Education and Referral Center, 438-4380

[www.nia.nih.gov/alzheimers](http://www.nia.nih.gov/alzheimers)

American Academy of Allergy, Asthma and Immunology Information Line, 822-2762

[www.aaaai.org](http://www.aaaai.org)

American Academy of Child and Adolescent Psychiatry, 333-7636

<http://aacap.org/index.wv>

American Alliance for Health, Physical Education, Recreation and Dance, 213-7193

[www.aahperd.org](http://www.aahperd.org)

American Arthritis Organization, 283-7800

[www.arthritis.org](http://www.arthritis.org)

American Association of Colleges for Teacher Education, 822-9229

[www.ericsp.org](http://www.ericsp.org)

American Association of Diabetes Educators, 338-3633

[www.aadenet.org](http://www.aadenet.org)

American Association of Kidney Patients, 749-2257

[www.aakp.org](http://www.aakp.org)

American Autoimmune Related Diseases Association, Inc., 598-4668

[www.aarda.org](http://www.aarda.org)

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American Behcet's Disease Association, 723-4238  
[www.bhecets.com](http://www.bhecets.com)

American Brain Tumor Association, 886-2282  
<http://hope.abta.org>

American Cancer Society, 227-2345  
[www.cancer.org](http://www.cancer.org)

American Chiropractic Association, 986-4636  
[www.amerchiro.org](http://www.amerchiro.org)

American Cleft Palate-Craniofacial Association/Cleft Palate Foundation, 242-5338  
[www.cleftline.org](http://www.cleftline.org)

American Council on Alcoholism, 527-5344  
[www.aca-usa.org](http://www.aca-usa.org)

American Council of the Blind, 424-8666  
[www.acb.org](http://www.acb.org)

American Council on Exercise, 529-8227  
[www.acefitness.org](http://www.acefitness.org)

American Dental Association, 947-4746  
[www.ada.org](http://www.ada.org)

American Diabetes Association, 342-2383  
[www.diabetes.org/home.jsp](http://www.diabetes.org/home.jsp)

American Dietetic Association's Consumer Nutrition Hotline, 877-1600, ext. 4804  
[www.eatright.org](http://www.eatright.org)

American Foundation for Urologic Disease, 866-746-4282  
[www.afud.org](http://www.afud.org)

American Health Assistance Foundation, 437-2423  
[www.ahaf.org](http://www.ahaf.org)

American Heart Association, 242-8721  
[www.americanheart.org](http://www.americanheart.org)

American Institute for Cancer Research, 843-8114 (24 hours)  
[www.aicr.org/site/PageServer](http://www.aicr.org/site/PageServer)

American Kidney Fund, 638-8299  
[www.akfinc.org](http://www.akfinc.org)

American Leprosy Missions (Hansen's Disease), 543-3135  
[www.leprosy.org](http://www.leprosy.org)

American Liver Foundation, 223-0179  
[www.liverfoundation.org](http://www.liverfoundation.org)

American Lung Association, 586-4872; 528-2971 (Living Bank) (24 hours)  
[www.lungusa.org](http://www.lungusa.org)

American Osteopathic Association, 621-1773

American Parkinson's Disease Association, 223-2732  
[www.apdaparkinson.org/user/index.asp](http://www.apdaparkinson.org/user/index.asp)

American Podiatric Medical Association, Inc., 366-8227  
[www.apma.org/s\\_apma/index.asp](http://www.apma.org/s_apma/index.asp)

American Running Association, 776-2732  
[www.americanrunning.org](http://www.americanrunning.org)

American SIDS Institute, 232-7437  
[www.sids.org](http://www.sids.org)

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American Society for Deaf Children, 942-2732  
[www.deafchildren.org](http://www.deafchildren.org)

American Society for Dermatologic Surgery, Inc., 441-2737  
[www.asds-net.org](http://www.asds-net.org)

American Society of Plastic Surgeons, Inc., 888-475-2784  
[www.plasticsurgery.org](http://www.plasticsurgery.org)

American Speech-Language-Hearing Association, 638-8255  
[www.asha.org/default.htm](http://www.asha.org/default.htm)

American Stroke Association Stroke Connection, 888-4-STROKE  
[www.strokeassociation.org/presenter.jhtml?identifier=1200037](http://www.strokeassociation.org/presenter.jhtml?identifier=1200037)

American Trauma Society, 556-7890  
[www.amtrauma.org](http://www.amtrauma.org)

Americans with Disabilities Act Hotline, 514-0301; 514-0383 (TTY)  
[www.ada.gov](http://www.ada.gov)

Amyotrophic Lateral Sclerosis Association, 782-4747  
[www.alsa.org](http://www.alsa.org)

Anxiety Disorders Information, NIMH, 866-615-6464  
[www.nimh.nih.gov/healthinformation/anxietymenu.cfm](http://www.nimh.nih.gov/healthinformation/anxietymenu.cfm)

ARC of the United States, 433-5255  
[thearc.org](http://thearc.org)

Arthritis Foundation Information Hotline, 283-7800  
[www.arthritis.org/default.asp](http://www.arthritis.org/default.asp)

ASHA/Herpes Resource Center, 227-8922  
[www.ashastd.org/herpes/herpes\\_overview.cfm](http://www.ashastd.org/herpes/herpes_overview.cfm)

Association of Operating Room Nurses, 755-2676  
[www.aorn.org/foundation/default.asp](http://www.aorn.org/foundation/default.asp)

Asthma and Allergy Foundation of America, 727-8462  
[www.aafasocal.com](http://www.aafasocal.com)

Autism Society of America, 328-8476  
[www.autism-society.org/site/PageServer](http://www.autism-society.org/site/PageServer)

Back to Sleep Infoline, 505-2742 (SIDS Information Line)  
[www.nichd.nih.gov/sids](http://www.nichd.nih.gov/sids)

Bethany Christian Services Lifeline, 238-4269 (24 hours)  
[www.bethany.org](http://www.bethany.org)

Blind Children's Center, 222-3566  
[www.blindcntr.org](http://www.blindcntr.org)

Bradley Method of Natural Childbirth, 422-4784  
[www.bradleybirth.com](http://www.bradleybirth.com)

Braille Institute, 272-4553  
[www.brailleinstitute.org](http://www.brailleinstitute.org)

Brain Injury Association, 444-6443  
[www.biausa.org](http://www.biausa.org)

Brain Tumor Society, 770-8287  
[www.tbts.org](http://www.tbts.org)

Calix Society, 398-0524  
[www.calixsociety.org](http://www.calixsociety.org)

Captioned Media Programs, the National Association of the Deaf, 237-6213 (voice/TTY)  
[www.cfv.org](http://www.cfv.org)

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Cancer Hope Network, 1-877-467-3638  
[www.cancerhopenetwork.org](http://www.cancerhopenetwork.org)

Cancer Information Service, 422-6237  
<http://cis.nci.nih.gov>

Candlelighters Childhood Cancer Foundation, 366-2223  
[www.candlelighters.org](http://www.candlelighters.org)

CDC Immunization Hotline, 232-4636  
[www.cdc.gov/nip](http://www.cdc.gov/nip)

CDC National Prevention Information Network (NPIN), 458-5231; 243-7012 (TTY)  
[www.cdcnpin.org/scripts/index.asp](http://www.cdcnpin.org/scripts/index.asp)

CDC National STD/AIDS Hotline, 227-8922, 342-2437 (English); 344-7432 (Spanish); 243-7889 (TDD)  
[www.doe.state.in.us/sservices/hiv aids\\_cd hotline.html](http://www.doe.state.in.us/sservices/hiv aids_cd hotline.html)

Charcot-Marie-Tooth Association, 606-2682  
[www.charcot-marie-tooth.org](http://www.charcot-marie-tooth.org)

Chemtrec Emergency Center Information Hotline, 262-8200  
[www.chemtrec.org/Chemtrec](http://www.chemtrec.org/Chemtrec)

Child Find of America, Inc., 426-5678; 292-9688  
[www.childfindofamerica.org](http://www.childfindofamerica.org)

CHILDHHELP National Child Abuse Hotline, 422-4453; 222-4453 (TDD)  
[www.childhelpusa.org](http://www.childhelpusa.org)

Children and Adults with Attention Deficit/Hyperactivity Disorder, 233-4050  
[www.chadd.org//AM/Template.cfm?Section=Home](http://www.chadd.org//AM/Template.cfm?Section=Home)

Children's Craniofacial Association, 535-3643  
[www.ccakids.com](http://www.ccakids.com)

Children's Hospice International, 242-4453  
[www.chionline.org](http://www.chionline.org)

Christopher Reeve Paralysis Foundation, 225-0292  
[www.christopherreeve.org/site/c.geIMLPOpGjF/b.899265/k.CC03/Home.htm](http://www.christopherreeve.org/site/c.geIMLPOpGjF/b.899265/k.CC03/Home.htm)

Clearinghouse for Occupational Safety and Health Information, National Institute for Occupational Safety and Health, 311-3435  
[www.cdc.gov/niosh/homepage.html](http://www.cdc.gov/niosh/homepage.html)

Consumer Information Center, 1-888-878-3256  
[www.pueblo.gsa.gov](http://www.pueblo.gsa.gov)

Cooley's Anemia Foundation, 522-7222  
[www.thalassemia.org](http://www.thalassemia.org)

Cornelia de Lange Syndrome Foundation, 223-8355; 753-2357  
[www.cdlsusa.org](http://www.cdlsusa.org)

Covenant House Nineline, 999-9999 (24 hours)  
[www.covenanthouse.org/nineline](http://www.covenanthouse.org/nineline)

Crohn's and Colitis Foundation of America, Inc., 932-2423  
[www.cffa.org](http://www.cffa.org)

Cystic Fibrosis Foundation, 344-4823  
[www.cff.org/home](http://www.cff.org/home)

The Danny Foundation 833-2669  
[www.thedannyfoundation.org](http://www.thedannyfoundation.org)

DB-Link, National Foundation on Children who are Deaf-Blind, 438-9376; 854-7013 (TTY)  
[www.tr.wou.edu/dblink/Deafness Research Foundation](http://www.tr.wou.edu/dblink/Deafness%20Research%20Foundation), (86<http://www.drf.org>)

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Depression Awareness, Recognition, and Treatment (D/ART), NIMH, 866-615-6464  
[www.nimh.nih.gov/healthinformation/depressionmenu.cfm](http://www.nimh.nih.gov/healthinformation/depressionmenu.cfm)

DES Action, 337-9288  
[www.desaction.org](http://www.desaction.org)

DHHS Inspector General's Fraud Hotline, 447-8477  
<http://oig.hhs.gov>

Dial A Hearing Screening Test, 222-3277 (voice/TDD)

Division of Diabetes Translation, National Center for Chronic Disease Prevention and Health Promotion, CDC, 232-4636  
[www.cdc.gov/diabetes](http://www.cdc.gov/diabetes)

Drug Help, 488-3784; 262-2463 (cocaine) (24 hours)

Drug Policy Information Clearinghouse, 666-3332  
[www.whitehousedrugpolicy.gov](http://www.whitehousedrugpolicy.gov)

Ear Foundation, The, 545-4327  
[www.earfoundation.org](http://www.earfoundation.org)

Eldercare Locator, 677-1116  
[www.eldercare.gov/Eldercare/Public/Home.asp](http://www.eldercare.gov/Eldercare/Public/Home.asp)

Endometriosis Association, 992-3636  
[www.endometriosisassn.org](http://www.endometriosisassn.org)

Epilepsy Foundation of America, 332-1000; 213-5821 (publications)  
[www.epilepsyfoundation.org](http://www.epilepsyfoundation.org)

Epilepsy Information Service, 642-0500

ERIC Clearinghouse on Teaching and Teacher Education, 822-9229  
[www.ericsp.org](http://www.ericsp.org)

FACES: The National Craniofacial Association, 332-2373  
[www.faces-cranio.org](http://www.faces-cranio.org)

Families of Spinal Muscular Atrophy, 886-1762  
[www.fsma.org](http://www.fsma.org)

Food and Drug Administration Office of Consumer Affairs 1-888-INFO-FDA  
[www.fda.gov](http://www.fda.gov)

Federal Citizen Information Center Program, 688-9889  
<http://fic.info.gov>

Fibromyalgia Network, 853-2929  
[www.fmnetnews.com](http://www.fmnetnews.com)

Food Allergy & Anaphylaxis Network, The, 929-4040  
[www.foodallergy.org](http://www.foodallergy.org)

Foundation Fighting Blindness, 683-5555; 683-5551 (TDD)  
[www.blindness.org](http://www.blindness.org)

Foundation for Ichthyosis and Related Skin Types, Inc., 545-3286  
[www.scalyskin.org](http://www.scalyskin.org)

Genetic Alliance Support Groups, 336-4363  
[www.geneticalliance.org](http://www.geneticalliance.org)

Girls and Boys Town National Hotline, 448-3000; 448-1833 (TDD)  
[www.girlsandboystown.org/home.asp](http://www.girlsandboystown.org/home.asp)

Guide Dog Foundation for the Blind, Inc., 548-4337  
[www.guidedog.org](http://www.guidedog.org)

Guide Dogs for the Blind, 295-4050  
[www.guidedogs.com](http://www.guidedogs.com)

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Hear Now, 648-4327 (voice/TDD)  
[www.sotheworldmayhear.org/forms/hearnow.php](http://www.sotheworldmayhear.org/forms/hearnow.php)

Heart Information Service, 292-2221  
[www.texasheart.org](http://www.texasheart.org)

Hepatitis Foundation International, 891-0707

Hill-Burton Hospital Free Care, 638-0742; 492-0359 (in Maryland)  
[www.hrsa.gov/hillburton](http://www.hrsa.gov/hillburton)

Histiocytosis Association of America, 548-2758  
[www.histio.org](http://www.histio.org)

HIV/AIDS Treatment Information Service, 448-0440  
[www.niaid.nih.gov/factsheets/hivinf.htm](http://www.niaid.nih.gov/factsheets/hivinf.htm)

Hormone Foundation, 467-6663  
[www.hormone.org](http://www.hormone.org)

Housing and Urban Development User, 245-2691; 927-7589 (TDD)  
[www.huduser.org](http://www.huduser.org)

HUD Drug Information and Strategy Clearinghouse, 955-2232

Human Growth Foundation, 451-6434  
[www.hgfound.org](http://www.hgfound.org)

Huntington's Disease Society of America, 345-4372  
[www.hdsa.org/site/PageServer](http://www.hdsa.org/site/PageServer)

Immune Deficiency Foundation, 451-6434  
[www.primaryimmune.org](http://www.primaryimmune.org)

Indoor Air Quality Information Clearinghouse, 438-4318  
[www.epa.gov/iaq](http://www.epa.gov/iaq)

International Childbirth Education Association, 624-4934 (publications)  
[www.icea.org](http://www.icea.org)

International Dyslexia Association, 222-3123  
[www.interdys.org](http://www.interdys.org)

International Hearing Society, 521-5247  
<http://ihsinfo.org/lhsV2/Home/Index.cfm>

International Rett Syndrome Association, 818-7388  
[www.rettsyndrome.org](http://www.rettsyndrome.org)

Job Accommodation Network, 232-9675; 526-7234; 526-2262 (in Canada)  
[www.jan.wvu.edu](http://www.jan.wvu.edu)

John Tracy Clinic, 522-4582 (voice/TTY)  
[www.johntracyclinic.org](http://www.johntracyclinic.org)

Joseph and Rose Kennedy Institute of Ethics, Bioethics Library, 633-3849  
<http://kennedyinstitute.georgetown.edu/index.htm>

Juvenile Diabetes Foundation International Hotline, 223-1138  
[www.jdf.org](http://www.jdf.org)

Kidney Cancer Association, 850-9132  
[www.curekidneycancer.org](http://www.curekidneycancer.org)

La Leche League International, 525-3243  
[www.lalecheleague.org](http://www.lalecheleague.org)

Lamaze International, 368-4404  
[www.lamaze.org/Default.asp](http://www.lamaze.org/Default.asp)

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Les Turner Amyotrophic Lateral Sclerosis Foundation, Ltd.,  
888-257-1107  
[www.lesturnerals.org](http://www.lesturnerals.org)

Leukemia & Lymphoma Society, 955-4572  
[www.leukemia-lymphoma.org/hm\\_lls](http://www.leukemia-lymphoma.org/hm_lls)

Liberty Godparent Home, 542-4453  
[www.godparent.org](http://www.godparent.org)

Living Bank, 528-2971 (24 hours)  
[www.livingbank.org](http://www.livingbank.org)

Louisiana Center for the Blind, 234-4166  
[www.lcb-ruston.com](http://www.lcb-ruston.com)

Lupus Foundation of America, 1-888-385-8787  
[www.lupus.org](http://www.lupus.org)

Lyme Disease Foundation, Inc., 886-5963 (24 hours)  
[www.lyme.org](http://www.lyme.org)

MAGIC Foundation for Children's Growth, 362-4423  
[www.magicfoundation.org/www](http://www.magicfoundation.org/www)

MedicAlert Foundation, 432-5378; 344-3226 (24 hours)  
[www.medicalert.org/home/Homegradient.aspx](http://www.medicalert.org/home/Homegradient.aspx)

Medical Institute for Sexual Health, 892-9484  
[www.medinstitute.org](http://www.medinstitute.org)

Medicare Issues Hotline, 633-4227; 820-1202 (TDD/TTY)  
[www.medicare.gov](http://www.medicare.gov)

Multiple Sclerosis Association of America, 532-7667  
[www.msaa.com](http://www.msaa.com)

Multiple Sclerosis Foundation, 888-673-6287  
[www.msfacts.org](http://www.msfacts.org)

Muscular Dystrophy Association, 572-1717  
[www.mdausa.org](http://www.mdausa.org)

Myasthenia Gravis Foundation, 541-5454  
[www.myasthenia.org](http://www.myasthenia.org)

National Abortion Federation, 772-9100  
[www.prochoice.org](http://www.prochoice.org)

National Adoption Center, 862-3678  
[www.adopt.org](http://www.adopt.org)

National Alliance for the Mentally Ill, 950-6264  
[www.nami.org](http://www.nami.org)

National Association for Continence, 252-3337  
[www.nafc.org/contact/weblinks.htm](http://www.nafc.org/contact/weblinks.htm)

National Association for the Education of Young Children, 424-2460  
[www.naeyc.org](http://www.naeyc.org)

National Association of Hospital Hospitality Houses, Inc., 542-9730  
[www.nahhh.org](http://www.nahhh.org)

National Association for Parents of Children with Visual Impairments, 562-6265  
[www.spedex.com/napvi](http://www.spedex.com/napvi)

National Association of Radiation Survivors, 798-5102  
[www1.va.gov/vso/index.cfm?template=viewreport&Org\\_ID=233](http://www1.va.gov/vso/index.cfm?template=viewreport&Org_ID=233)

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National Bone Marrow Transplant Link, 546-5268  
[www.nbmtlink.org](http://www.nbmtlink.org)

National Brain Tumor Foundation, 934-2873  
[www.brainumor.org](http://www.brainumor.org)

National Cancer Institute's Cancer Information Service, 422-6237, 332-8615 (TTY)  
<http://cis.nci.nih.gov>

National Center for Chronic Disease Prevention and Health Promotion, 311-3435  
[www.cdc.gov/nccdphp](http://www.cdc.gov/nccdphp)

National Center for Complementary and Alternative Medicine Clearinghouse, 888-644-6226  
(voice and TTY); 531-1794 (fax-back)  
<http://nccam.nih.gov>

National Center for Lesbian Rights, 528-6257 (Youth Legal Information Line)  
[www.nclrights.org](http://www.nclrights.org)

National Center for Missing and Exploited Children, 843-5678; 826-7653 (TDD)  
[www.ncmec.org](http://www.ncmec.org)

National Center for Stuttering, 221-2483  
[www.stuttering.com](http://www.stuttering.com)

National Child Care Information Center, 616-2242; 516-2242 (TTY)  
<http://nccic.org>

National Clearinghouse on Child Abuse and Neglect Information, 394-3366  
[www.childwelfare.gov](http://www.childwelfare.gov)

National Clearinghouse for Alcohol and Drug Information, 729-6686; 487-4889 (TTY/TDD)  
[www.health.org](http://www.health.org)

National Council on Alcoholism and Drug Dependence, Inc., 622-2255  
[www.ncadd.org](http://www.ncadd.org)

National Council on Problem Gambling, 522-4700  
[www.ncpgambling.org](http://www.ncpgambling.org)

National Criminal Justice Reference Service, 851-3420  
[www.ncjrs.gov](http://www.ncjrs.gov)

National Dairy Council, 426-8271; 974-6455 (fax)  
[www.nationaldairycouncil.org/NationalDairyCouncil](http://www.nationaldairycouncil.org/NationalDairyCouncil)

National Diabetes Information Clearinghouse, 860-8747  
<http://diabetes.niddk.nih.gov>

National Digestive Diseases Information Clearinghouse, 891-5389  
[www.niddk.nih.gov/health/digest/nddic.htm](http://www.niddk.nih.gov/health/digest/nddic.htm)

National Domestic Violence Hotline, 799-7233; 787-3224 (TDD) (24 hours)  
[www.ndvh.org](http://www.ndvh.org)

National Dissemination Center for Children With Disabilities, 695-0285  
[www.nichcy.org](http://www.nichcy.org)

National Down Syndrome Congress, 232-6372  
[www.ndsccenter.org](http://www.ndsccenter.org)

National Down Syndrome Society Hotline, 221-4602  
[www.ndss.org](http://www.ndss.org)

National Fire Protection Association, 344-3555  
[www.nfpa.org/index.asp?cookie%5Ftest=1](http://www.nfpa.org/index.asp?cookie%5Ftest=1)

National Fragile X Foundation, 688-8765  
[www.nfxf.org](http://www.nfxf.org)



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National Gaucher Foundation, 925-8885  
[www.gaucherdisease.org](http://www.gaucherdisease.org)

National Hansen's Disease Program, 642-2477  
<http://bphc.hrsa.gov/nhdp>

National Headache Foundation, 888-643-5552  
[www.headaches.org](http://www.headaches.org)

National Health Information Center, 336-4797  
[www.health.gov/nhic](http://www.health.gov/nhic)

National Health Service Corps, 221-9393 (recruitment/loans); 638-0824 (medical scholarship programs)  
<http://nhsc.bhpr.hrsa.gov>

National Heart, Lung, and Blood Institute's Information Center, 575-WELL (High Blood Pressure and Cholesterol Information Hotline)  
[www.nhlbi.nih.gov](http://www.nhlbi.nih.gov)

National Hemophilia Foundation, 1-888-INFO-NHF  
[www.hemophilia.org](http://www.hemophilia.org)

National Highway Traffic Safety Administration, 424-9393 (hotline), 424-9153 (TTY)  
[www.nhtsa.dot.gov](http://www.nhtsa.dot.gov)

National Hispanic Family Health Helpline, 866-783-2645  
[www.hispanichealth.org/sufamilia.lasso](http://www.hispanichealth.org/sufamilia.lasso)

National Hispanic Prenatal Helpline, 504-7081  
[www.hispanichealth.org/helplines.lasso](http://www.hispanichealth.org/helplines.lasso)

National Hospice and Palliative Care Organization, 658-8898  
[www.nhpco.org/templates/1/homepage.cfm](http://www.nhpco.org/templates/1/homepage.cfm)

National Inhalant Prevention Coalition, 269-4237  
[www.inhalants.org](http://www.inhalants.org)

National Institute on Aging Information Center, 222-2225; 222-4225 (TTY)  
[www.nia.nih.gov](http://www.nia.nih.gov)

National Institute on Deafness and Other Communication Disorders Information Clearinghouse, 241-1044; 241-1055 (TTY)  
[www.nidcd.nih.gov](http://www.nidcd.nih.gov)

National Institute for Mental Health Information Line, 866-615-6464  
[www.nimh.nih.gov](http://www.nimh.nih.gov)

National Institute of Mental Health, 64-PANIC (panic disorder information); 421-4211 (D/ART information)  
[www.nimh.nih.gov](http://www.nimh.nih.gov)

National Institute of Neurological Disorders and Stroke, 352-9424  
[www.ninds.nih.gov](http://www.ninds.nih.gov)

National Institute for Rehabilitation Engineering, 736-2216  
[www.angelfire.com/nj/nire2](http://www.angelfire.com/nj/nire2)

National Jewish Medical and Research Center, 222-5864  
[www.nationaljewish.org](http://www.nationaljewish.org)

National Kidney and Urologic Diseases Information Clearinghouse, 891-5390  
<http://kidney.niddk.nih.gov>

National Lead Information Hotline, 424-5323 (clearinghouse); 877-8339 (TDD)  
[www.epa.gov/lead/pubs/nlic.htm](http://www.epa.gov/lead/pubs/nlic.htm)

National Library Service for the Blind and Physically Handicapped, 424-8567  
[www.loc.gov/nls](http://www.loc.gov/nls)

National Life Center Pregnancy Hotline, 848-5683 (24 hours)  
[www.nationallifecenter.com](http://www.nationallifecenter.com)

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National Lymphedema Network, 541-3259  
[www.lymphnet.org](http://www.lymphnet.org)

National Marfan Foundation, 862-7326  
[www.marfan.org/nmf/index.jsp](http://www.marfan.org/nmf/index.jsp)

National Marrow Donor Program, 627-7692  
[www.marrow.org](http://www.marrow.org)

National Maternal and Child Health Clearinghouse, 1-888-Ask-HRSA  
[www.ask.hrsa.gov](http://www.ask.hrsa.gov)

National Mental Health Association, 969-6642  
[www.nmha.org](http://www.nmha.org)

National Mental Health Services, Knowledge Exchange Network, 789-2647; 790-2647  
[www.mentalhealth.samhsa.gov](http://www.mentalhealth.samhsa.gov)

National Multiple Sclerosis Society, 344-4867  
[www.nmss.org](http://www.nmss.org)

National Organization for Albinism and Hypopigmentation; 473-2310  
[www.albinism.org](http://www.albinism.org)

National Organization on Fetal Alcohol Syndrome, 666-6327  
<http://nofas.org>

National Organization for Rare Disorders, 999-6673  
[www.rarediseases.org](http://www.rarediseases.org)

National Parkinson Foundation, Inc., 327-4545  
[www.parkinson.org/site/pp.asp?c=9dJFJLPwB&b=71117](http://www.parkinson.org/site/pp.asp?c=9dJFJLPwB&b=71117)

National Pesticide Information Center, 858-7378  
<http://npic.orst.edu>

National Program for Playground Safety, 554-7529  
[www.uni.edu/playground](http://www.uni.edu/playground)

National Psoriasis Foundation, 723-9166  
[www.psoriasis.org/home](http://www.psoriasis.org/home)

National Rehabilitation Information Center, 346-2742 (voice/TDD)  
[www.naric.com](http://www.naric.com)

National Resource Center on Homelessness and Mental Illness, 444-7415

National Reye's Syndrome Foundation, 233-7393  
[www.reyessyndrome.org](http://www.reyessyndrome.org)

National Runaway Switchboard, 621-4000; 621-0394 (TDD) (24 hours)  
[www.nrscrisisline.org](http://www.nrscrisisline.org)

National Safety Council, 621-7615  
[www.nsc.org](http://www.nsc.org)

National Sexually Transmitted Disease/AIDS Hotline (CDC), 311-3435  
[www.cdc.gov/std](http://www.cdc.gov/std)

National Spasmodic Torticollis Association, 487-8385

National Spinal Cord Injury Association, 962-9629  
[www.spinalcord.org](http://www.spinalcord.org)

National Stroke Association, 787-6537  
[www.stroke.org/site/PageServer?pagename=HOME](http://www.stroke.org/site/PageServer?pagename=HOME)

National Technical Information Service, 553-NTIS  
[www.ntis.gov/index.html](http://www.ntis.gov/index.html)

National Veterans Services Fund, 521-0198  
[www.angelfire.com/ct2/natvetsvc](http://www.angelfire.com/ct2/natvetsvc)

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National Women's Health Information Center, 994-9662  
[www.4women.gov](http://www.4women.gov)

National Youth Crisis Hotline, 448-4663

Neurofibromatosis Hotline, 942-6825 (24 hours)  
[www.nfinc.org](http://www.nfinc.org)

NIH Consensus Development Program Information Center 1-888-644-2667  
<http://consensus.nih.gov>

Office for Civil Rights, 368-1019; 527-7697 (TDD)  
[www.ed.gov/about/offices/list/ocr/index.html?src=mr](http://www.ed.gov/about/offices/list/ocr/index.html?src=mr)

Office of Minority Health Resource Center, 444-6472  
[www.omhrc.gov](http://www.omhrc.gov)

Office of Orphan Products Development (FDA), 300-7469  
[www.fda.gov/orphan](http://www.fda.gov/orphan)

Osteogenesis Imperfecta Foundation, 981-2663  
[www.oif.org/site/PageServer](http://www.oif.org/site/PageServer)

Osteoporosis and Related Bone Diseases National Resource Center, 624-2663  
[www.osteoporosis.org](http://www.osteoporosis.org)

Paget Foundation for Paget's Disease of Bone and Related Disorders, 237-2438  
[www.paget.org](http://www.paget.org)

Paralyzed Veterans of America, 424-8200; 416-7622 (TDD)  
[www.pva.org](http://www.pva.org)

Parkinson's Disease Foundation, 457-6676 (24 hours)  
[www.pdf.org](http://www.pdf.org)

Peer Listening Line, 399-7337

Pension Benefit Guaranty Corporation, 400-7242  
[www.pbgc.gov](http://www.pbgc.gov)

Phoenix Society for Burn Survivors, 888-2876 (24 hours)  
[www.phoenix-society.org](http://www.phoenix-society.org)

Planned Parenthood, 230-7526; 669-0156  
[www.plannedparenthood.org/pp2/portal](http://www.plannedparenthood.org/pp2/portal)

PMS Access, 222-4767  
[www.womenshealth.com](http://www.womenshealth.com)

Policy Information Center, 1-877-696-6775  
<http://aspe.hhs.gov/pic>

Polycystic Kidney Research Foundation, 753-2873  
[www.pkdcure.org/site/PageServer](http://www.pkdcure.org/site/PageServer)

Prader-Willi Syndrome Association, 926-4797  
[www.pwsausa.org](http://www.pwsausa.org)

Prevent Blindness America, 331-2020  
[www.preventblindness.org](http://www.preventblindness.org)

Prevent Child Abuse America, 556-2722  
[www.preventchildabuse.org/index.shtml](http://www.preventchildabuse.org/index.shtml)

Project Inform HIV/AIDS Treatment Hotline, 822-7422  
[www.projinf.org](http://www.projinf.org)

Rape, Abuse, and Incest National Network, 656-4673  
<http://million.rainn.org>

Recording for the Blind and Dyslexic, 221-4792  
[www.rfbd.org](http://www.rfbd.org)

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Safe Drinking Water Hotline (EPA), 426-4791  
[www.epa.gov/safewater](http://www.epa.gov/safewater)

Safe Sitter, 255-4089  
[www.safesitter.org](http://www.safesitter.org)

School Nutrition Association, 877-8822  
[www.asfsa.org](http://www.asfsa.org)

Scleroderma Foundation, 722-4673  
[www.scleroderma.org](http://www.scleroderma.org)

Scoliosis Association, 800-0669  
[www.scoliosis-assoc.org](http://www.scoliosis-assoc.org)

Shriners Hospital Referral Line, 237-5055  
[www.shrinershq.org](http://www.shrinershq.org)

Sickle Cell Disease Association of America, Inc., 421-8453  
[www.sicklecelldisease.org](http://www.sicklecelldisease.org)

SIDS Alliance, 221-7437 (24 hours)  
[www.sidsalliance.org](http://www.sidsalliance.org)

Simon Foundation for Continence, 237-4666 (24 hours)  
[www.simonfoundation.org](http://www.simonfoundation.org)

Sjogren's Syndrome Foundation, Inc., 475-6473  
[www.sjogrens.org](http://www.sjogrens.org)

Smoking Quitline of the National Cancer Institute, 877-448-7848: 332-8615 (TTY)  
[www.cancer.gov](http://www.cancer.gov)

Social Security Administration, 772-1213  
[www.ssa.gov](http://www.ssa.gov)

Spina Bifida Association of America, 621-3141  
[www.sbaa.org/site/PageServer?pagename=index](http://www.sbaa.org/site/PageServer?pagename=index)

Spondylitis Association of America, 777-8189  
[www.spondylitis.org](http://www.spondylitis.org)

Starlight Starbright Children's Foundation, 274-7827  
[www.starlight.org/site/c.fuLQK6MMIpG/b.1038035/k.BDF4/Home.htm](http://www.starlight.org/site/c.fuLQK6MMIpG/b.1038035/k.BDF4/Home.htm)

Sturge-Weber Foundation, 627-5482  
[www.sturge-weber.com](http://www.sturge-weber.com)

Stuttering Foundation of America, 992-9392  
[www.stutteringhelp.org](http://www.stutteringhelp.org)

Support Organization for Trisomy 18, 13 and Related Disorders, 716-7638  
[www.trisomy.org](http://www.trisomy.org)

Susan G. Komen Breast Cancer Foundation, 462-9273  
[www.komen.org](http://www.komen.org)

Thyroid Foundation of America, Inc., 832-8321  
[www.tsh.org](http://www.tsh.org)

TOPS (Taking Off Pounds Sensibly) Club, Inc., 932-8677  
[www.tops.org](http://www.tops.org)

Tourette Syndrome Association, Inc., 888-486-8738  
[www.tsa-usa.org](http://www.tsa-usa.org)

Turner Syndrome Society of the United States, 365-9944  
[www.turner-syndrome-us.org](http://www.turner-syndrome-us.org)

United Cerebral Palsy Association, 872-5827  
[www.ucp.org](http://www.ucp.org)

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United Leukodystrophy Foundation, 728-5483 (24 hours)  
[www.ulf.org](http://www.ulf.org)

United Ostomy Association, 826-0826  
[www.uoa.org](http://www.uoa.org)

U.S. Coast Guard Office of Boating Safety, 368-5647  
[www.uscgboating.org](http://www.uscgboating.org)

U.S. Consumer Product Safety Commission Hotline, 638-2772; 638-8270 (TDD)  
[www.cpsc.gov](http://www.cpsc.gov)

USDA Meat and Poultry Hotline, 888-674-6854

Us Too! International, 808-7866  
[www.ustoo.org](http://www.ustoo.org)

Vestibular Disorders Association, 837-8428  
[www.vestibular.org](http://www.vestibular.org)

Vasculitis Foundation Support Group, Inc., 277-9474  
[www.wgassociation.org](http://www.wgassociation.org)

Weight Control Information Network (WIN), 1-877-946-4627  
<http://win.niddk.nih.gov>

Well Spouse Foundation, 838-0879  
[www.wellspouse.org](http://www.wellspouse.org)

Wilson's Disease Association, 399-0266  
[www.wilsonsdisease.org](http://www.wilsonsdisease.org)

Women's Health America, 558-7046  
[www.womenshealth.com](http://www.womenshealth.com)

Women's Sports Foundation, 227-3988  
[www.womenssportsfoundation.org/cgi-bin/iowa/index.html](http://www.womenssportsfoundation.org/cgi-bin/iowa/index.html)

YMCA of the USA, 872-9622  
[www.ymca.net](http://www.ymca.net)

Y-ME National Organization for Breast Cancer Information Support Program, 221-2141 (English)  
[www.y-me.org](http://www.y-me.org)

Zero to Three: National Center for Infants, Toddlers and Families, 899-4301  
<http://zerotothree.org>

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## Health Information Web Sites Without Toll-Free Numbers

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Administration on Aging  
202-619-7501  
202-401-7620 (fax)  
[naic@bangate.aca.dhhs.gov](mailto:naic@bangate.aca.dhhs.gov) (e-mail)  
[www.aoa.dhhs.gov/naic](http://www.aoa.dhhs.gov/naic)

Children of Alcoholics Foundation, [www.coaf.org](http://www.coaf.org)

Food and Nutrition Information Center (USDA)  
301-504-5719  
301-504-6409 (fax)  
[fnic@nalusda.gov](mailto:fnic@nalusda.gov) (e-mail)  
[www.nal.usda.gov/fnic](http://www.nal.usda.gov/fnic)

National Center for Education in Maternal and Child Health  
202-784-9770  
[mchlibrary@ncemch.org](mailto:mchlibrary@ncemch.org) (e-mail)  
[www.ncemch.org](http://www.ncemch.org)

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National Center for Health Statistics

301-458-4636

[nchsquery@cdc.gov](mailto:nchsquery@cdc.gov) (e-mail)

[www.cdc.gov/nchs](http://www.cdc.gov/nchs)

National Center on Sleep Disorders Research

301-592-8573

240-629 3246

[nhlbiinfo@nhlbi.nih.gov](mailto:nhlbiinfo@nhlbi.nih.gov) (e-mail)

[www.nhlbi.nih.gov/about/ncsdr/index.htm](http://www.nhlbi.nih.gov/about/ncsdr/index.htm)

National Clearinghouse on Families and Youth

301-608-8098

301-608-8721 (fax)

[info@ncfy.com](mailto:info@ncfy.com) (e-mail)

[www.ncfy.com](http://www.ncfy.com)

National Heart, Lung, and Blood Institute Information Center

301-592-8537

301-592-8563 (fax)

[nhlbiinfo@rover.nhlbi.nih.gov](mailto:nhlbiinfo@rover.nhlbi.nih.gov) (e-mail)

[www.nhlbi.nih.gov](http://www.nhlbi.nih.gov)

National Injury Information Clearinghouse

301-504-7921

301-504-0025 (fax)

[info@cpsc.gov](mailto:info@cpsc.gov) (e-mail)

[www.cpsc.gov/about/clrnghse.html](http://www.cpsc.gov/about/clrnghse.html)

National Institute of Allergy and Infectious Diseases

301-496-5717, 301-402-3573 (fax)

[niaidoc@flash.niaid.nih.gov](mailto:niaidoc@flash.niaid.nih.gov) (e-mail)

[www.niaid.nih.gov](http://www.niaid.nih.gov)

National Institute on Arthritis and Musculoskeletal and Skin Diseases Information Clearinghouse

301-495-4484

301-718-6366 (fax)

301-881-2731 (fax-back 24-hour service)

[www.nih.gov/niams](http://www.nih.gov/niams)

National Oral Health Information Clearinghouse

301-496-4261

[nidr@aerie.com](mailto:nidr@aerie.com) (e-mail)

[www.nidcr.nih.gov](http://www.nidcr.nih.gov)

OSERS/Clearinghouse on Disability Information

202-245-7468

[www.ed.gov/about/offices/list/osers/index.html?src=mr](http://www.ed.gov/about/offices/list/osers/index.html?src=mr)

President's Council on Physical Fitness and Sports

202-690-9000

202-690-5211 (fax)

[www.fitness.gov](http://www.fitness.gov)

U.S. Department of Agriculture—Cooperative State, Research, Education, and Extension Service

202-720-7441

[www.csrees.usda.gov](http://www.csrees.usda.gov)

U.S. Environmental Protection Agency Public Information Resource Center

202-260-5922

202-260-6257 (fax)

[library-hq@epamail.epa.gov](mailto:library-hq@epamail.epa.gov) (e-mail)

[www.epa.gov](http://www.epa.gov)